

NAME: _____

ID#: _____

DATE: _____

THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.
Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

UNIVERSITY POLICIES

- Refer to the SU catalog for approved prerequisites and General Education courses.
- Requirements may not equal 120 credit hours. Students must register for additional electives to complete 120 credits required for graduation.
- All graduates must have a minimum of 30 credits of 300-/400-level courses with C grade or above; at least 15 of those credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- It is the student's responsibility to satisfy graduation requirements. Please refer to the SU catalog for detailed major requirements.
- Students must apply online for graduation by November 15 for May and by May 15 for December.

GENERAL EDUCATION REQUIREMENTS

| Course No. & Title | #Credits | Grade | Term Completed |
|---|----------|--------------------|--------------------|
| Group I: English Composition and Literature (2 courses) | | | |
| A. C or better in ENGL 103 or HONR 111 | 4 | _____ | _____ |
| B. Literature course (from either ENGL or MDFL Depts.) | 4 | _____ | _____ |
| Group II: History (2 courses) | | | |
| A. HIST101, 102, or 103 | 4 | _____ | _____ |
| B. HIST101, 102, 103 or a HIST course above 103 | 4 | _____ | _____ |
| Group III: Humanities and Social Sciences (3 courses) | | | |
| A. Select one course from one of the following seven areas: ART, COMM, DANC or THEA, MDFL, MUSC, PHIL, HONR 211 | | | |
| | 4 | _____ | _____ |
| B. Select one course from one of the following eight areas: ANTH, CADR, ECON or FINA, ENVR, Human GEOG, POSC, PSYC, SOCI, HONR 112 | | | |
| | | FULFILLED BY MAJOR | |
| C. Select one course from either Group IIIA or IIIB (course must be from a different area than previously selected) | | | |
| | 3/4 | _____ | _____ |
| Group IV: Natural Science, Math and Computer Science (4 courses) | | | |
| A. Select courses with laboratories from at least two of the following four areas: BIOL, CHEM, GEOL or Physical GEOG, PHYS | | | |
| | | FULFILLED BY MAJOR | |
| | | FULFILLED BY MAJOR | |
| B. Select one additional course (need not be a lab) from Group IVA or ENVR or ENVR or COSC or MATH or HONR 212 | | | |
| | | FULFILLED BY MAJOR | |
| C. Select one course from MATH | | | |
| | | FULFILLED BY MAJOR | |
| Group V: Health Fitness (1 course) | | | |
| FTWL106 - Lifelong Fitness and Wellness | 3 | | FULFILLED BY MAJOR |

MAJOR REQUIREMENTS

- Complete a minimum of 12 credits of major courses and have a 2.0 GPA to enroll in 300-/400-level major courses.
- Complete EXSC333 and 344 and 90 credit hours, or receive department approval, to enroll in EXSC479 and 380.
- Complete a minimum of 30 hours of 300-/400-level courses, each with a grade of C or better.
- Receive a C or better in ALL required EXSC major courses.
- Receive an overall GPA of 3.0 upon graduation.

| Course No. & Title | #Credits | Grade | Term Completed |
|---|----------|-------|----------------|
| REQUIRED CORE COURSES (48 hours with C or better) | | | |
| BIOL215 - Human Anatomy and Physiology I | 4 | _____ | _____ |
| BIOL216 - Human Anatomy and Physiology II | 4 | _____ | _____ |
| EXSC213 - Injury Prevention and Emergency Management | 4 | _____ | _____ |
| EXSC240 - Fitness Testing | 4 | _____ | _____ |
| EXSC250 - Strength Training Techniques and Program Design | 4 | _____ | _____ |
| EXSC295 - Fitness Instruction | 4 | _____ | _____ |
| EXSC300 - Health and Fitness Programs and Professions | 4 | _____ | _____ |
| EXSC317 - Nutrition, Health and Human Performance | 4 | _____ | _____ |
| EXSC333 - Kinesiology | 4 | _____ | _____ |
| EXSC344 - Exercise Physiology | 4 | _____ | _____ |
| EXSC462 - Clinical Exercise Physiology | 4 | _____ | _____ |
| EXSC472 - Stress Testing and Exercise Prescription | 4 | _____ | _____ |
| REQUIRED ALLIED HEALTH COURSES (14 hours with C or better) | | | |
| CHEM121 - General Chemistry I | 4 | } | _____ |
| or | | | |
| PHYS121 - General Physics I | 4 | | _____ |
| MATH155 - Statistics | 3 | _____ | _____ |
| PSYC101 - Introduction to Psychology | 4 | _____ | _____ |
| FTWL106 - Lifelong Fitness and Wellness | 3 | _____ | _____ |
| ALLIED HEALTH ELECTIVE COURSES (Complete 22 hours from the following with C or better) | | | |
| ATTR210 - Foundations of Athletic Training | 4 | _____ | _____ |
| ATTR401 - Therapeutic Modalities | 4 | _____ | _____ |
| ATTR402 - Orthopedic Assessment | 4 | _____ | _____ |
| ATTR403 - Foundations of Therapeutic Exercise | 4 | _____ | _____ |
| BIOL101 - Fundamentals of Biology | 4 | _____ | _____ |
| BIOL210 - Biology: Concepts and Methods | 4 | _____ | _____ |
| BIOL211 - Microbiology | 4 | _____ | _____ |
| BIOL213 - Zoology | 4 | _____ | _____ |
| CHEM121 - General Chemistry I | 4 | } | _____ |
| or | | | |
| PHYS121 - General Physics I | 4 | | _____ |
| CHEM122 - General Chemistry II | 4 | _____ | _____ |
| CHEM221 - Organic Chemistry I | 4 | _____ | _____ |
| CHEM222 - Organic Chemistry II | 4 | _____ | _____ |
| EXSC301 - Research Methods in Exercise Science | 3 | _____ | _____ |
| EXSC308 - Research in Exercise Science | 3 | _____ | _____ |
| MATH160 - Introduction to Applied Calculus | 4 | _____ | _____ |
| PHYS123 - General Physics II | 4 | _____ | _____ |
| PSYC200 - Developmental Psychology | 4 | _____ | _____ |
| PSYC250 - Psychology of Infancy and Childhood | 4 | _____ | _____ |
| PSYC302 - Abnormal Psychology | 4 | _____ | _____ |
| RESP303 - Cardiopulmonary Physiology | 3 | _____ | _____ |
| RESP304 - Cardiopulmonary Disease | 3 | _____ | _____ |
| RESP322 - Pharmacology | 3 | _____ | _____ |
| RESP402 - Pulmonary Diagnostics and Rehab | 4 | _____ | _____ |
| PROFESSIONAL SEMESTER (12 hours) | | | |
| Complete the following with a C or better: | | | |
| EXSC479 - Internship in Exercise Science | 10 | _____ | _____ |
| EXSC480 - Exercise Science Seminar | 2 | _____ | _____ |

