

NAME: _____

ID#: _____

DATE: _____

THIS CURRICULUM GUIDE IS AN UNOFFICIAL TOOL FOR PLANNING.
Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

UNIVERSITY POLICIES

- Refer to the SU catalog for approved prerequisites and General Education courses.
- All graduates must have a minimum of 120 credits.
- All graduates must have a minimum of 30 credits of 300/400-level courses with C grade or above; at least 15 of those credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- Ⓟ indicates the recommended minimum grade; although a C meets the requirement, SU history shows that students who graduate with this major earned this grade or higher for this course.
- **Bold courses are foundation courses and are required for courses later in the sequence.**

First Year

- | | | | |
|--------------------------|------------------|--|--------------------|
| <input type="checkbox"/> | ENGL 103Ⓟ | Composition and Research | 4 |
| <input type="checkbox"/> | IIIA | Gen. Ed. Humanities Course | 4 |
| <input type="checkbox"/> | FTWL 106Ⓟ | Lifelong Fitness and Wellness | 3 |
| <input type="checkbox"/> | XXXX XXX | Elective..... | 4 |
| | | | 15 |
| <input type="checkbox"/> | EXSC 213Ⓟ | Injury Prevention and Emergency Management | 4 |
| <input type="checkbox"/> | IIIB | Gen. Ed. Social Science Course | 3-4 |
| <input type="checkbox"/> | HIST 10X | Gen. Ed. IIA (HIST 101, 102 or 103) | 4 |
| <input type="checkbox"/> | IVC | Gen. Ed. Math Course..... | 3-4 |
| | | | 14-16/29-31 |

Winter/Summer Term

List courses that were taken during winter/summer terms:

- _____
- _____

Second Year

- | | | | |
|--------------------------|------------------|--|--------------------|
| <input type="checkbox"/> | EXSC 240 | Fitness Testing | 4 |
| <input type="checkbox"/> | EXSC 250 | Strength Training Techniques and Program Design | 4 |
| <input type="checkbox"/> | IIIC | Gen. Ed. Humanities/Social Science Course | 3-4 |
| <input type="checkbox"/> | BIOL 215Ⓟ | Human Anatomy and Physiology I | 4 |
| | | | 15-16/44-47 |
| <input type="checkbox"/> | XXXX XXX | Elective..... | 4 |
| <input type="checkbox"/> | EXSC 295 | Fitness Instruction | 4 |
| <input type="checkbox"/> | HIST XXX | Gen. Ed. IIB History Course..... | 4 |
| <input type="checkbox"/> | BIOL 216Ⓟ | Human Anatomy and Physiology II | 4 |
| | | | 16/60-63 |

Winter/Summer Term

List courses that were taken during winter/summer terms:

- _____
- _____

Third Year

- | | | | |
|--------------------------|-----------------|--|--------------------|
| <input type="checkbox"/> | EXSC 300 | Health-Fitness Programs and Professions..... | 4 |
| <input type="checkbox"/> | EXSC 317 | Nutrition, Health and Human Performance..... | 4 |
| <input type="checkbox"/> | XXXX XXX | Elective..... | 4 |
| <input type="checkbox"/> | XXXX XXX | PHYS/CHEM Lab course | 4 |
| | | | 16/76-79 |
| <input type="checkbox"/> | EXSC 333 | Kinesiology | 4 |
| <input type="checkbox"/> | EXSC 344 | Exercise Physiology | 4 |
| <input type="checkbox"/> | XXXX XXX | Elective..... | 4 |
| <input type="checkbox"/> | XXXX XXX | Elective | 3-4 |
| | | | 15-16/91-95 |

Winter/Summer Term

List courses that were taken during winter/summer terms:

- _____
- _____

Fourth Year

- | | | | |
|--------------------------|----------|--|----------------------|
| <input type="checkbox"/> | XXXX XXX | Elective | 3-4 |
| <input type="checkbox"/> | EXSC 462 | Clinical Exercise Physiology | 4 |
| <input type="checkbox"/> | EXSC 472 | Stress Testing and Exercise Prescription | 4 |
| <input type="checkbox"/> | ENGL XXX | Gen. Ed. IB Literature course..... | 4 |
| | | | 15-16/106-111 |
| <input type="checkbox"/> | EXSC 479 | Internship in Exercise Science | 10 |
| <input type="checkbox"/> | EXSC 480 | Exercise Science Seminar..... | 2 |
| | | | 12/118-123 |