# Fridays with the Flock Learning resources from the Salisbury University HR Team

APRIL 28, 2023 | VOL. 39

## Welcome to Fridays with the Flock!

Join us for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!



## Navigating Change: Tips for Administrative Professionals

In honor of Administrative Professionals
Day on April 26, we offer this article from the American Society of Administrative

Professionals (ASAP) on adapting to change in the workplace. Be sure to check out the ASAP website for a wealth of free resources!



"When the going gets tough, nothing beats a wide network of tried-and-true connections." Learn how to **make lasting connections** to skillfully grow your professional network in this article from *Big Think*.

## How Not to Make Difficult Conversations Worse

Harvard Business Review looks to a recent episode of HBO's hit show Succession to point out common mistakes when having difficult conversations, and how to genuinely address hard topics in our personal and professional relationships.



### **LinkedIn Learning This Week**

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

Embracing
Unexpected Change



Managing Your
Professional Network



No one is more cherished in this world than someone who lightens the burden of another. *Thank you!* 

- Joseph Addison

Make Tomorrow Yours



#### **HUMAN RESOURCES OFFICE**

Quality Services • Guidance • Assistance

Holloway Hall (HH) 153 humanresources@salisbury.edu