



GSC Exec Minutes

11/9/22

- I. Called to order at 7:03pm by President Chloe Birch
- II. Members in Attendance: **President** Chloe Birch, **Secretary** Alexandra Grimm, **Treasurer** Wellington Uzamere, **Public Relations Coordinator** Nicholas Plummer, **Social Coordinator** Kellee Toller
 - A. Dean of Graduate Studies and Research Clifton Griffin
 - B. Graduate Program Manager Jessica Scott
- III. Updates
 - A. President - Chloe
 - B. Send specific message to grad students about Telehealth for those off campus
 1. Choose a Mental Health Initiative
 - Options of highest interest as of right now
 - Journaling/ Short Story/ Poems
 - Pen Pals
 - Holiday Party and Winter Study Session – Letters/ Holiday Cards to Nursing Homes
 - Meditation/ Yoga/ Paint Night
 - Destress with dogs/ Walking dogs
 - Exercise – UFC/ Angie
 2. Grad students with Families
 3. Discuss Sexual Harassment Media Campaign
 - a) Meet with Humberto
 - b) Draft something about it
 - c) Call for submissions
 4. Noms for Student Regent:
 5. Meeting with Dr. Olmstead:
 - a) Dr. O retiring next year-stepping down from VP/Provost end of SPR 23 semester
 - b) Filling her position by end of summer
 - (1) GSC reps on search committee
 6. Discuss Grad Lounge
 - a) Alex, Jen, and Chloe go next Friday
 7. Update on Early Learning Center
 - a) 133 parental grad students filled out survey
 - (1) More unaccounted for
 - b) Dr. Walker introduced me to the new SUWF student rep, Jillian Amodio

- (1) Researching possibilities of childcare at SU
 - (2) Suggested presenting to SGA
- c) SUWF working with Perdue School for business plan
 - (1) Students will be creating it with a faculty member
- 8. PAT Meeting:
 - a) Mental Health
 - (1) Uptick in mental health concerns
 - (2) Resources: counseling center and Timely Care
 - (3) Students like Timely Care
 - (4) Faculty should recommend Timely Care
 - (5) 50/50 split between in-person and virtual appts
 - (a) 45 of crisis interventions/appointments have been documented just this semester
 - (6) Normalize seeking help**
 - (a) Verbalize and reiterate which resources are available 24/7**
 - (b) Utilize the graduate program deans/heads to further inform students across the board**
 - b) Academic Struggle
 - (1) No coincidence with mental health struggles
 - (2) How have needs changed?
 - c) State of the University Address in beginning of February
 - d) Dr. Olmstead retiring in Spring
 - (1) Replacement by end of Summer
 - e) Mental Health – Laurie Shrerer
 - (1) Support for students
 - (a) Concern was rising before pandemic
 - (b) Increase in severity and complexity of problems
 - (c) Demand for mental health support is increasing
 - (d) Increase in significance and complexity of concerns
 - (2) Counseling Center responses
 - (a) Maintain and support staff
 - (i) Need experienced clinicians
 - (ii) Have 4 clinicians and 5 part-time interns
 - (3) Increase access to services
 - (a) Increase equity
 - (b) Embrace creative programming and wide variety of services
 - (4) Increase Access and Equity
 - (a) Campaign to educate community about services
 - (b) New structure includes quick access to care
 - (i) Triage clinician daily
 - (ii) Crisis appts
 - (iii) Walk-in clinic

- (iv) Brief, solution-focused model, 4-6 sessions
- (v) Online intake scheduling
- (vi) Psychiatrist available for med management
 - (a) Free, no co-pay
- (vii) Referral appts to help students access off-campus services
- (viii) TimelyMD contracted to provide distance crisis and counseling services

(5) Equity

- (a) Walk-in and crisis appts removes barriers
- (b) Short-term model allows clinicians to see more students
- (c) Connection increases awareness
- (d) TimelyCare and interns offer broader range of clinician identities and approaches
- (e) Provide affinity support groups

(6) Expanded Programming

- (a) May expand services beyond scope of care for students with limited resources
- (b) Collab with partners to offer workshops and education
- (c) Develop peer counseling program
- (d) Support student initiatives to offer support

(7) Stats

- (a) Slightly more in-person than online
- (b) 45 crisis appts this semester
- (c) Social anxiety is huge concern, related to COVID
- (d) 114 Timely appts
- (e) 250 appts in Counseling Center
- (f) 4 min to connect to TalkNOW

(8) Current topics of concerns

- (a) Suicidal ideation and attempts
- (b) Emergency petitions
 - (i) Suicidal behavior
 - (ii) Impaired functioning
- (c) Drugging at student social events

(9) Goals

- (a) Utilize outcomes and satisfaction measures to plan services
- (b) Expand opps to provide feedback
- (c) Collab to provide support and ensure wellbeing

(10) What we should do

- (a) Students don't know what services are offered
- (b) Talk about it

- (c) Social media
- (d) Invite Laurie to speak
- (e) Training for RA's
- f) Professional Development
 - (1) SULEad program
 - (a) Opportunities to learn about university ops
 - (b) Learn about divisions and their interactions
 - (c) Learn about challenges
 - (d) Assigned an issue to address
 - (e) 7-10 staff members
 - (f) 3 hrs per week
 - (g) Applications due 12/9
 - (h) Pilot program in Spring
 - (i) Piloting new DEI trainings
 - (2) ODI Faculty Fellows Program
 - (a) Work with ODI to create sense of belonging
 - (b) Develop DEI plan by end of Spring
 - (c) Fellows receive stipend
 - (d) 5-10 hrs per week
 - (e) Apps due 12/1
- g) Broadcast emails
 - (1) Develop policies and procedures
 - (2) Comply with brand
 - (3) Be ADA compliant
 - (4) BCC groups, send the email to yourself
 - (5) Sending surveys to better understand preferences about emails
 - (6) Exploring alternative communication systems
 - (a) Can choose level of engagement
- h) Campus Climate
 - (1) Sessions with President
 - (a) Participate in them
 - (i) Either as individual student OR as a GSC representative
 - (2) Sending DEI report in PAT summary
 - (3) Need to communicate more about what we're doing

C. VP - Jen

1. Furniture in the grad lounge can be moved -approval from Clifton
2. IT ticket went out to get update on door usage
3. Meeting with Deans/Directors
 - a) Michael Scott - Dean of Henson on the 18th 8:30am-9:30am
 - b) Spoke to Laurie Scherer
 - (1) Please repost items when possible

- (2) Would like to focus on mental health before it becomes a problem (preventive measures)
- (3) Would like to be at any initiative, partner up
 - (a) They have interns they would like to utilize
 - (i) Dogs on Wheels

D. Secretary - Alex

- 1. Assembly Members
 - a) Dan wanted to know if there is another MBA student in the GSC – I asked if he knows whether they are on the exec board or an assembly member.
- 2. Clarke Honors College
 - a) Dan volunteered to help in the relationship building with the Clarke Honors College; told him I am the current point person and when our meeting this month is scheduled.
 - (1) Confirm with Dr. Martino and Mrs./ Prof. Hill
 - b) Meeting Reminder
 - (1) Scheduled for November 15th at 10:00am

E. Treasurer - Wellington

F. PR - Nick

- 1. Headshot project completed
 - a) Images can be found on email sent to all Exec.
- 2. Website project to be submitted to Web Office by the end of the work week.
- 3. Member spotlight marketing campaign started-will be using headshots as visuals.
- 4. Worked with Publications Office to produce some marketing graphics for emails send to Grad DL
- 5. Chloe and I worked with CSIL and IT to ensure that our GSC@gulls email is equipped to send out our important messages to said student population on campus.

G. Social Media - Kellee

IV. Questions

V. Action Items

Who	What	Done?
Jen	Talk with interns about Dogs on Wheels	

	Student Regent vacancy social media post	
Chloe	Meet with Humberto	
	Pedestrian safety social media post	
	Order business cards?	
Nick	Website request for Assembly minutes	
All	Add email sig to your devices (browser and app)	
Chloe	Purchase journaling supplies	
Chloe	Send teams message about scheduling Hopper's happy hour, study session, and party	
Alex	Connect with Angie about UFC yoga	
Alex, Jen, Chloe	Scope out Grad Lounge next Friday	

VI. Current Initiatives

- A. Implementation of Child Care Program
 - 1. Partner with Women's Forum
- B. Mental Health Support
- C. Sexual Harassment Media Campaign
- D. Student Loan Forgiveness
 - 1. Partner with SGA
- E. Advertise open GA and job positions
 - 1. Partner with SGA
 - 2. Partner with Career Services
- F. Rearrange furniture in Grad lounge
- G. Encourage academic success
 - 1. Partner with SGA
 - a) Joint publication about access to resources
- H. Build relationship with Honors College
- I. Set up financial records and budget
- J. Food for the Flock
 - 1. Partner with SGA

VII. Long-Term Initiatives

- A. Edit Constitution
- B. Write Bylaws
- C. Write Position Manuals
- D. Overhaul website
- E. Order bulk polos for Fall
- F. Move elections to March
- G. Transition Day in April