SU COUNSELING CENTER PRESENTS



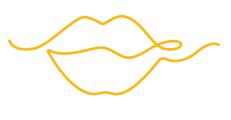
Destress Event











Explore mindfulness through the five senses, with activities including essential oils and a Zen garden

Wednesday, October 11, 2023 12:30-3:30 p.m. • THE SQUARE

Enjoy giveaways, games, music, food and Pets on Wheels.

Make Tomorrow Yours)



salisbury.edu/counseling

PARKING: PLEASE NOTE: Visitor parking permits are required to park at SU; please request a permit at salisbury.edu/visitor-parking

SU is an Equal Opportunity/AA/Title IX university and provides reasonable accommodation given sufficient notice to the University office or staff sponsoring the event or program. For more information regarding SU's policies and procedures, please visit salisbury.edu/equity.